



# Yoga Classes

## Start

### Mid - Late

## November 09

### Morning Evening Classes

Contact Martin for further information or for course bookings  
086 173 6720 - info@PilatesDublin.ie

<b>Start Date:</b>	<b>Monday 23<sup>rd</sup> November 2009</b>
Time:	10am - 11am - Morning Yoga Classes
<b>Start Date:</b>	<b>Wednesday 25<sup>th</sup> November 2009</b>
Time:	7pm-8pm - Evening Yoga Classes
Health Investment:	€60 (4 weeks) - €16 Drop-Ins
Duration:	4 weeks
Where:	Fitnecise Coaching Studio Nutgrove Office Park Unit F1, Ground Floor For map, info and photos see www.PilatesDublin.ie "Contact Us" section
Booking Deposit:	€25 non-refundable Bookings are taken on a first come first serve basis
Online Booking:	www.PilatesDublin.ie
Max. Number of Participants:	12